

Lauren Mendes

A dedicated actor who moved to Montréal from Bermuda to pursue her degree and acting professionally. Passionate about portraying dynamic characters that represent the diverse feminine coming of age experiences.

FILM EXPERIENCE

Morgan, in “*Mirror’s in Triumph*”, Principle. Feature Independent. dir. Dylan Wilson

Unnamed, in “*Angst*”, Principle. Student Short. dir. Ellie Baker

THEATRE PRODUCTIONS

Albert, in “*Devised Feydeau*”, dir. Menka Nagrani, Concordia

Amina, in “*The Beinoni*”, dir. Aidan Cottreau, A Broke Theatre

Cassandra, in “*Rage: The Oresteia Revisited*”, Dir. Leslie Baker, Concordia

Sibyl, in “*The Aeneid*”, Dir. Robert Reid, Concordia

EDUCATION

Concordia University—BFA, *Specialization in Acting for the Theatre with Management Elective group*. -3.93 GPA

Bermuda High School, *International Baccalaureate diploma*

Training

- **Voice** (The Bermuda School of Music, Joy Barnum) *8 years of private instruction*
- **Voice** (Concordia Acting for the Theatre, Noah Drew & Shannon Holmes) *Voice I, II & III courses*
- **Scene Study** (Concordia Acting for the Theatre, Laura Quigley & Sandrine Brodeur-Desrosiers) *Scene Study I & II courses*
- **Text Based** (Concordia Acting for the Theatre, Robert Reid & Menka Nagrani) *Special topics courses; Text and the Actor & Heightened Text*
- **Movement** (Concordia Acting for the Theatre, Jean-Francois & Anne Sabourin) *Movement I & II courses*
- **Viewpoints** (Concordia Acting for the Theatre, Leslie Baker) *Movement III course*
- **Leban** (Concordia Acting for the Theatre, Liz Valdez) *Special topic course*
- **Biomechanics** (Concordia Acting for the Theatre, Robert Reid) *Movement IV course*
- **Improvisation** (Concordia Acting for the Theatre, Jean-Francois Gagnon & Joe De Paul) *Special topic course*

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SKILLS

Singing (alto)

Devising

Physical Theatre

AWARDS

Gilbert & Sullivan Society of Bermuda Majorie Stanton Scholarship

Bermuda Musical and Dramatic Society Kate Huntington Bursary Award

Bermuda High School Faulkinberry-Ross Award for Contribution to the Performing Arts

Bermuda Outstanding Teen Nominee for Performing Arts & Leadership